

Metropolitan Melbourne moved to the Third Step (Stage 4) restrictions, from 11:59pm 27 October 2020 with a number of restrictions eased.

What HAS changed for metropolitan Melbourne?

- Leave home: stay local (25kms), no restrictions on reasons to leave home but stay safe. The restrictions to travel into Regional Victoria will remain until 11.59pm November 8.
- Visitors to the home: households can have two people from one other household plus their dependents (children under 18 or other dependents such as elderly people) to visit once per day. Different visitors can visit on different days. All visits must be within a 25km radius. Your household can either visit OR be visited once per day, but not both.
- **Weddings:** allowed indoors or outdoors with up to **10 people.** The couple, the celebrant and one photographer are not included in this limit.
- Funerals: allowed with up to 20 people (not including infants under 12 months of age or people required to conduct the funeral)
- Religion: outdoor religious gatherings, with no sharing of food, drink or other items by participants, for up to 20 people plus a faith leader are allowed proximate to a place of worship. Indoor ceremonies for a faith leader and up to 10 members of the public in multiple groups, with each group socially distant, are permitted. Maximum duration of 90min, with cleaning requirements between services. No food, drink, crockery, utensils, vessels or other equipment may be shared.
- **Gatherings:** Can meet outdoors with up to 10 other people from any number of households but no further than 25km from your place of residence. There is no time restriction.
- Adult education: learn from home if you can, onsite learning for hands-on, skills-based learning
- **Hospitality:** indoor and outdoor seated service, group limit of 10, indoor limit of 10 patrons

per space and cap of 20 patrons indoors. An outdoor cap of 50 patrons per venue, group limit of 10, subject to density requirements. Live music permitted outdoors with musicians included in patron caps. Food courts reopen, indoors and outdoors with specific density limits, patron caps, and caps per table

- **Retail:** re-opens with safety measures
- **Real estate:** residential and commercial real estate activities, including inspections up to ten people from two households. Auctions outdoors with up to 10 people, plus those required to conduct auction
- Entertainment: outdoor venues and events, subject to pre-approved plans

What has NOT changed?

- Physical distancing (1.5m) and maximum occupancy quotients must still be observed
- Good hand hygiene must continue to be followed
- Do not go to work if you are unwell
- Cough or sneeze into a tissue or elbow.
- COVID safety plans are required for all workplaces (including churches, halls etc) including:
 - Attendance Contact Lists
 - Cleaning protocols
 - Physical distancing, maximum occupancy and all other COVID signage
- Face Masks (must be a fitted face mask bandanas, scarves etc are no longer acceptable) must be worn outside the home including at all times in the workplace. Fines for non-compliance: \$200 for individuals and up to \$9,913 for employers.
- Work: Continue to work from home if you can
- Travel between Metropolitan Melbourne and Regional Victoria only for permitted reasons. Permitted reasons now include bushfire preparations.
- **Public gatherings:** up to 10 people from a maximum of two households that can meet outdoors for social interaction (infants under 12 months of age are not included in the cap)



- Outdoor recreation: must be within 25km of home. Outdoor contact and non-contact sport for under 18s. Outdoor non-contact sport only for adults (minimum number required to play a game) with gathering and density limits, outdoor fitness and fitness classes for up to 10 people or a household plus the trainer.
- **Home Maintenance:** Groups of up to five workers who work outside, including those below, can return to on-site work:
 - outdoor non-essential home maintenance and repairs, including painting, outdoor cleaning including pool and spa maintenance for private residences
 - external contactless car washing.
 - mobile pet grooming at residential properties, contactless with strict controls
 - outdoor professional photography including school photos (for purposes other than previously permitted e.g. media, real estate), they must have an ABN.
 - Solar power installers
- Intrastate travel: not allowed, unless for a permitted purpose
- Accommodation: closed, except for a permitted purpose



- Directions Statements recently released by the State Government have added much more prescription to how worship gatherings can be held. The advice in these FAQs may change further- please keep checking. Any changes to published FAQs will be clearly shown in a warning box, similar to this.
- Permitted Worker Permits are no longer required in Metropolitan Melbourne. However if you need to travel between Metro Melbourne and Regional Victoria for work, you should continue to carry a current Permitted Worker Permit until November 9.

As of 29/10/2020

Send any questions to:

CrisisManagement@victas.uca.org.au or contact your Presbytery.

How will we know about further updates?

Regularly check the latest government advice available at: https://www.dhhs.vic.gov.au/

The Synod Crisis Management Team monitors changes on a daily basis. Compliance and Pastoral advice will continue to be issued via emailed letters from the General Secretary and/or Moderator. All other relevant advice will continue to be sent via the special Coronavirus editions of Synod eNews, which will appear in your inbox from "Communications". eNews and emailed letters are sent to all Presbyteries, all ministers, all church councils. These FAQs are updated weekly, available every Thursday.

As of 15/10/2020

MULTI-LINGUAL RESOURCES

Where can I find the current government guidelines in other languages?

Victorian Multi-cultural Commission Coronavirus (COVID-19): In-language advice and information at https://www.multiculturalcommission.vic.gov.au/coronavirus-language-advice-and-information

Ethnolink have information available in 51 languages at: www.ethnolink.com.au/covid-19-coronavirus-translated-resources/

The Department of Home Affairs has extensive multi-lingual resources available at: https://covid19inlanguage.homeaffairs.gov.au/

The Victorian Multicultural Commission have release multi-lingual resources including:

Audio messages

https://cloud.think-hq.com.au/s/ m9SX3ntGGqr7Sai

Posters (JPG and PDF)

https://cloud.think-hq.com.au/s/ m9SX3ntGGqr7Sai

Social Media banners

https://cloud.think-hq.com.au/s/ m9SX3ntGGqr7Sai

As of 13/08/2020



LIVE-STREAMING WORSHIP

How many people can be involved in live-streaming worship services?

Recording and live-streaming of worship services is permitted providing all of the following guidelines are met.

The streaming of worship services is permitted only where the number of people at the premises is limited to 10 (which includes those participating in the ceremony and those providing technical support) and the following social distancing requirements can be met:

- Each person must wear a facemask
- Members of the public must be in multiple groups, with each group socially distant
- No food, drink, crockery, utensils, vessels or other equipment may be shared by participants
- At least 4sqm of floor area per person is required in the place where the ceremony/ performance takes place. This means the immediate area/room around the participants where the ceremony is performed.

In addition, you must take measures to mitigate any risk of disease transmission by ensuring the following measures are in place:

- Ensure the maximum duration is 90 minutes
- Exclude persons who are unwell from participating in the production of the live streaming
- People in any of the identified vulnerable groups should carefully consider their need to participate in live streaming. This includes:
 - Those who are immuno-compromised, etc.
 - over 70
 - over 65 with significant medical conditions
 - Aboriginal Tasmanians over 50 with significant medical conditions
- Ensure all people present practice good respiratory and hand hygiene and provide appropriate hand washing facilities and hand sanitisers
- If live streaming worship from a church or church building,
 - a COVID Recovery Action Plan Checklist (Sections A, B & C) must be completed and maintained and a copy sent to:

elnura.dulakovic@victas.uca.org.au

 If live streaming worship from a private residence, with only the residents present, a COVID Recovery Action Plan Checklist and Permitted Worker Permit are not required.

As of 29/10/2020

PRE-RECORDING WORSHIP

Are there any differences in the requirements for pre-recording worship vs live-streaming?

As the basic process is the same for both, the same practices should be applied.

As of 06/04/2020

SAFE (DIGITAL) MINISTRY

What safety measures should be adopted for ministry within the digital space?

The Culture of Safety Unit has prepared some guidelines for leaders and communities, offering commentary and interpretation of how our existing Child Safety resources and policies, and the Uniting Church Code of Ethics, continue to shape our digital ministry practices. To view the guidelines visit: www.victas.uca.org.au/safe-digital-ministry

As of 07/04/2020

GATHERINGS

What face-to-face gatherings are permitted at church?

Churches and other facilities may be used for indoor ceremonies for a faith leader and up to 10 members of the public in multiple groups, with each group socially distant, using appropriate social distancing and hygiene practices.

Maximum duration of 90min, with cleaning requirements between services. No food, drink, crockery, utensils, vessels or other equipment may be shared by participants

Outdoor religious gatherings of up to 90 minutes are permitted for up to 20 people



plus a faith leader proximate to the church are allowed, using appropriate social distancing and hygiene practices. No food, drink, crockery, utensils, vessels or other equipment may be shared by participants

It is not permitted to conduct both indoor and outdoor gatherings at the same time.

As of 29/10/2020

Weddings and Funerals are permitted as indicated below.

Weddings may be held with the maximum number of 10 people present, using appropriate social distancing and hygiene practices. The couple, the celebrant and one photographer are not included in the 10 person limit.

As of 29/10/2020

Funerals may be held in places of worship, with the maximum number of 20 people present (not including infants under 12 months of age or people required to conduct the funeral), using appropriate social distancing and hygiene practices.

The guidelines for Weddings and Funerals are the same whether conducted indoors or outdoors.

As of 29/10/2020

Is singing permitted at gatherings?

There is no restriction in Government Health advice on communal singing. Facemasks are required to be worn whenever outside the home, with very few exceptions.

The most important preventative measure is for singers and musicians to not attend worship, rehearsals or performances if they are unwell or have any symptoms. When rehearsals and performances are conducted, performers should:

- Remain 1.5 metres apart wherever possible
- Strictly follow hand hygiene practices
- Avoid sharing microphones or instruments that are played with a mouthpiece.

These areas should also be cleaned with increased frequency

Physical distancing

PHYSICAL DISTANCING requirements may mean that you cannot have the maximum number of attendees at a gathering. The rule of 4 square metres per person must be maintained.

To calculate the maximum capacity of any building, measure the floorspace (length x width) in metres, then divide by 4. For example: if the inside of your church measures $10m \times 6m = 60$ square metres $\div 4 = 15$ people is its maximum capacity. Even if Covid regulations state that up to 20 people can attend, the maximum number of people, including those conducting the ceremony, who would be able to be in your church at any time would still be 15.

On the other hand, if the inside of your church measures $10m \times 40m = 400$ square metres $\div 4 = 100$ people is the maximum capacity. However, if Covid regulations state that up to 20 people can attend, then only 20 people can attend.

Which figure do we use? Government maximum numbers or the 4 square metre rule? In all cases, the smaller number is the one to use.

As of 17/09/2020

Physical distancing signs

All church buildings must display signage showing the maximum number of people who can be accommodated in any space. Once you have calculated the maximum numbers for each space, you may take advantage of the templates created to make your signage. These are available at: https://victas.uca.org.au/download/668/fag/8665/church-capacity-poster-2

What face-to-face gatherings are permitted away from church?

Households can have two people from one other household plus their dependents (children under 18 or other dependents such as elderly people) to visit, but only one visit per day. Different visitors can visit on different days. All visits must be within a 25km radius. Your household can either visit OR be visited once per day, but not both.



Whilst this provides additional opportunities for pastoral care visits, these should be prearranged to ensure that those being visited remain within the current daily limit on visitors.

Church Council and congregation committee meetings should continue to be held via teleconference and/or videoconference wherever possible.

As of 29/10/2020

CHURCH / COMMUNITY HALLS

Under what circumstances can Community/Church Halls be used?

Before using any church owned buildings, or allowing any other group to use church-owned buildings, please complete the Recovery Action Plan Checklist at: https://victas.uca.org.au/download/668/faq/8852/recovery-action-plan-checklist

Community/Church Halls and similar such buildings may be used for some purposes, providing a minimum floorspace of 4m² per person is available and all other physical distancing and hygiene requirements can be met.

WORSHIP SERVICES - Church or Community halls etc can be used for worship services or ceremonies for a faith leader and up to 10 members of the public in multiple groups, with each group socially distant, using appropriate social distancing and hygiene practices.

Maximum duration of 90min, with cleaning requirements between services. No food, drink, crockery, utensils, vessels or other equipment may be shared by participants.

ESSENTIAL PUBLIC SERVICES - If halls or other facilities are intended to be used for Essential Public Services such as food banks, homeless services or education, they can remain open for the delivery of these services (applying all other health and safety measures). If you are in doubt about whether the service is an Essential Public Service, seek advice via your presbytery or contact uca.org.au.

SUPPORT GROUPS - If hosting a support group, a maximum number of 20 people can be present plus the facilitator(s) providing a minimum floorspace of 4m² per person is available and all other physical distancing and hygiene requirements can be met.

EXERCISE GROUPS - Under current guidelines indoor exercise groups are not permitted. Outside exercise groups are currently permitted for up to 10 people.

As of 29/10/2020

BUSINESSES – If an organisation or individual rents space, the government guidelines for the conduct of that particular category of business would apply. These can be found at https://www.dhhs.vic.gov.au/victorias-restrictionlevels-covid-19. If in doubt, seek advice from your presbytery or contact uca.legal@victas.uca.org.au.

RENTED & HIRED FACILITIES – Who is responsible for ensuring properties are COVID compliant?

- If you rent hire or licence out property to more than one organisation or group on a casual or non-exclusive basis (eg support groups, community groups, classes) using our standard Hire Agreement (Victoria) whether one-off or recurring, the Responsibility for maintaining all COVID-19 compliance, including cleaning to standard before and after every use, remains with the congregation as the responsible body. However, you may pass on the reasonable additional cost of cleaning or other necessary Covid-19 safety measures to the Hirer if you notify them in advance of the additional cost.
- If you rent out property to one organisation or group on an exclusive use basis (under a Lease or Licence), the responsibility for maintaining all COVID-19 compliance falls to the tenant.
- If in doubt, seek advice from your presbytery or contact uca.legal@victas.uca.org.au

As of 17/09/2020



HOLY COMMUNION

What changes to worship services are permissable?

Assembly Standing Committee has approved temporary pastoral measure guidelines for congregations and faith communities to enable the celebration of Holy Communion as part of online worship. These guidelines can be found at: https://www.assembly.uca.org.au/news/item/3163-temporary-arrangements-for-holy-communion

As of 16/04/2020

CORONAVIRUS FUNERALS

Are there any special requirements for holding the funeral of someone who has died of Coronavirus?

The Victorian and Tasmanian governments each have guidelines for cases of suspected or confirmed COVID-19. These mean that some cultural and ministry funeral practices need to change, especially how families interact with the body of a person who has (or may have) died with COVID-19. Ministers need to consider how their ministry practice may need to alter and should discuss with Church Councils ahead of time how families can be supported in this situation.

As of 17/04/2020

PERMITTED WORKER PERMITS

Permitted Worker Permits are now only required for people who need to travel between Metro Melbourne and Regional Victoria (and vice versa) for work. If you live and work within Metropolitan Melbourne, Permitted Worker Permits are no longer required.

As of 29/10/2020

MINISTERS IN HIGH RISK GROUPS

What if a minister is part of a Coronavirus high risk group?

All people who are

- aged over 70,
- over 65 with chronic health conditions,
- immune-compromised, or
- Indigenous people over 50 with chronic health conditions

should carefully consider their need to participate. This includes ministry agents in these at-risk groups, whether retired or in active placement, who might have otherwise led funerals.

Ministry agents in these risk groups are encouraged to talk with their Church Council and have clear arrangements in place in advance as to who may be called on for funerals, especially where a person has died with confirmed or suspected COVID-19.

As of 17/04/2020

RENT RELIEF REQUESTS

What do we do if we are approached by tenants for Covid-19 rent relief?

Rent relief is not automatic. Our Property Services and Legal departments have compiled guidelines for handling rent relief requests, both commercial and residential. If you wish to support a rent relief application, there is a form which needs to be completed before any rent relief can be offered. Details available on the first info sheet at:

www.victas.uca.org.au/resources/property/forms-and-resources/

As of 16/04/2020

OP SHOPS

Can we reopen our Op Shop?

Op-shops can reopen unless directed otherwise by local authorities, and provided that social distancing measures are put in place for staff, volunteers and visitors. You may of course choose to adjust how you operate your shop, such as operating only on a case-by-case basis by request to support local needs and/or in partnership with local community services. It should also be noted that some Op Shops may need to close for a short time while addressing the current requirements.



Op Shops run by Uniting VicTas must follow the current guidance issued by Uniting (to remain temporarily closed).

UCA Op Shops, as church workplaces, are required to complete sections A and B of the Recovery Action Plan Checklist to ensure that they are Covid-complient and a copy sent to elnura.dulakovic@victas.uca.org.au

Current Government advice for volunteers remains that all staff and volunteers aged 70+or who fall into any of the other COVID high-riskgroups should stay at home as much as you can.

Gloves should be worn when handling cash and any donated goods. Donated goods should be received contactless where possible. Donations should be stored in a location where workers won't have contact with them for a period of up to 72 hours. All items should be cleaned in line with COVID cleaning practices as soon as practical. Hands should be washed regularly whilst, and immediately after, handling any donated items. It is also recommended that WARNING signs should be displayed to ensure all staff and volunteers adhere to these precautions.

In line with social distancing requirements, the number of persons in an Op Shop at any one time should be limited, using a rule of one person per 4sqm, including staff and volunteers, and people should remain a distance of 1.5m apart wherever possible. It may be helpful to mark this distance on the floor near service counters as a reminder to visitors.

As of 29/10/2020

KINDERGARTEN

We have a kindergarten operating from a church-owned building. Do we need to close it?

All Kindergartens and early Childhood Learning Centres may open. All appropriate risk mitigation measures should continue to be observed.

As of 17/09/2020

WORSHIP RESOURCES

Where can I access worship resources to help me keep connected?

Our worship resources page, which caters for all people across our Synod, is updated each week. Available at: https://victas.uca.org.au/resources/covid-19-worship-resources/

As of 06/04/2020

ZOOM VIRTUAL MEETING LICENCES

What does it cost for a Zoom meeting licence?

If you plan on using Zoom frequently and/ or require full functionality, Synod Ministries and Operations along with other Synods have negotiated with Zoom to purchase a bulk deal.

As such we are able to provide Zoom licences for a cost of just \$7.93 per month.

If your presbytery or congregation is interested, please contact:

Shweta.Paliwal@victas.uca.org.au

You will need to provide: Number of licences required and the details of the contact person (including their email address)

As of 20/04/2020

SYNOD

What if we need to contact someone from Synod Ministries and Operations?

Whilst they may be working remotely, all Synod staff are still working. Please contact any staff member as normal, but please be aware that they may not have all of the answers at their fingertips quite as readily as usual.

Level 4 Restrictions in Metro Melbourne will continue to limit the availability of Synod staff to visit Regional Victorian locations until at least November 9.

As of 22/10/2020



MARKETS

Can we hold garage sales and/or markets?

There is no specific mention of garage sales in any Covid guidelines, but it is logical to treat these as a market:

- Market stalls that predominately provide food and drink have continued to operate. Market stalls that sell non-food and drink products arealso permitted to trade
- The market operator is responsible for ensuring the four square metre rule is applied to indoor spaces. Customers should keep 1.5 metres in between them and other people who are not part of their household.

Whilst it is not a requirement for markets generally, it is strongly recommended to

- maintain a contact tracing register (ie name and contact number) for anyone attending the Garage Sale or market and
- have a process for orderly flow of people (eg everyone goes in 1 direction, entrance and exit points and a total number limit) to ensure the social distancing requirements can still be safely met.

As of 29/10/2020

The October "flip book" edition is available from https://crosslight.org.au/

News and feature stories are posted to Crosslight's website on a regular basis available at: www.crosslight.org.au

As of 01/10/2020

UPDATED INFORMATION

How will we know if the information on this page is still current?

This FAQ sheet will be updated WEEKLY and re-sent in every Coronavirus edition of eNews. Please check this page each week for anything which is of particular interest. If in doubt, check with Synod Ministries and Operations or with your presbytery.

As of 06/04/2020

OTHER QUESTIONS

What if we have questions that aren't on this FAQ sheet?

Ask the relevant person/department at Synod or your presbytery. This FAQ document will contain additional topics as they become known.

As of 06/04/2020

CONGREGATION WEBSITE TRAINING

Will training sessions for new congregation websites still go ahead?

These have been postponed indefinitely. Congregations and presbyteries that have booked training days will be contacted with alternative dates when this becomes possible.

As of 27/03/2020

COVID SAFE APP

Should we encourage downloading the Federal Government's Covid-Safe tracing app?

Synod Ministries and Operations would strongly recommend that all people in ministry download the Covid-Safe tracing app and also encourage all Uniting Church members to do so. As worship services recommence, this is a simple measure to help maintain the safety of our members as they start to gather again.

As of 14/05/2020

CROSSLIGHT

Will *Crosslight* continue to be published?

Our Communications team will continue to produce Crosslight, however while the current lockdowns are in place in Melbourne, it will only be available online, as either a "flip book" (which can be read on screen) or as a printable PDF.



FIRST AID PRECAUTIONS

In the event of someone needing first aid treatment, are there any additional precautions required?

Anyone administering first aid should use general droplet and contact precautions, namely a face mask for the person they are treating which they should encourage the person to apply themselves, a face mask and gloves for the first aider, and goggles for the first aider (if available).

In the event that a first aider has a reason to suspect a person is infected with COVID-19, they should try to limit their contact with that person as much as they can, meaning they should avoid physical contact (e.g. checking pulses and performing physical assessments) unless absolutely necessary, such as performing CPR or putting people in a recovery position if they are unconscious and/or struggling to breathe.

As of 11/06/2020

JOBKEEPER PAYMENTS

What is happening with the Jobkeeper payments?

In July, the Government announced an extension of the JobKeeper Payment until 28 March 2021. The Synod was required to re-assess eligibility for the JobKeeper extension using actual turnover in the September quarter 2020 to demonstrate that it met the relevant decline in turnover test to be eligible for JobKeeper for the period 28 September 2020 to 3 January 2021.

We can now advise that the Synod has demonstrated eligibility and will receive JobKeeper payments for eligible people paid through the Synod or CSPS payrolls.

The JobKeeper Payment rate has been reduced and paid at two rates:

■ From 28 September 2020 to 3 January 2021, the payment rate will reduce to \$1,200 per fortnight for all eligible people who were working for 20 hours or more a week on average, and \$750 per fortnight for people who were working for less than 20 hours a week on average in the reference periods.

■ From 4 January 2021 to 28 March 2021, the payment rate will further reduce to \$1,000 per fortnight for all eligible people who were working for 20 hours or more a week on average, and \$650 per fortnight for people who were working for less than 20 hours a week on average in the reference periods.

Our people are not required to resubmit a new nomination declaration and Congregations do not need to provide financial information to support the turnover tests. Eligible people will be notified of their payment tier by a message on their pay slip.

Please note that the Synod will need to demonstrate that the relevant decline in turnover test in the December quarter 2020 has been met to remain eligible for the JobKeeper payments from 4 January 2021 to 28 March 2021. Synod expects to be in a position to confirm eligibility in January 2021.

Further information is available in the JobKeeper Payment extension fact sheet. https://treasury.gov.au/sites/default/files/2020-08/Fact-sheet-JobKeeper Payment extension 1.pdf

Specific payroll queries can be directed to: Payroll-UCA@victas.uca.org.au

Congregations should record the JobKeeper payments in their accounts as a receipt – "Grants received Government". The amount should not be paid to ministers/staff as they have already been paid through the normal payroll processes.

The Synod will manage all reporting to the ATO, including monthly declarations of revenue. This is based on the Synod operations and not on individual congregation results. There is no need to submit monthly revenue results.

Unfortunately efforts to qualify for the Cash Boost Payment have been unsuccessful at this stage.

Congregations are reminded that the JobKeeper Payment has been implemented by the Government to help employers keep staff and restart when the crisis is over.



Some questions:

Do casuals need to submit timesheets?

Where a casual is normally paid by submitting timesheets, these need to continue to be submitted, even if it's for a small shift.

Do staff need to continue to work?

Yes. The JobKeeper payment processes allow an employer to reasonably alter an employee's duties, location and days of work. We would advise congregations to find all staff (including casuals) some work tasks to do even if it's from home. You might need to be creative and/or ask the staff what they may be able to contribute. Some ideas shared in the zoom meeting – for Playgroup workers contacting parents, providing activity packs, zoom catch up with children, sing alongs etc. Admin staff may also be used to keep in contract with members, email/deliver newsletters, filing etc. The work may not be what they normally do.

For Part-time/Casuals who receive a top up payment do LSL levies (portable LSL) apply?

Portable LSL Authority - levy for "Community Service Workers": For those employees who are receiving a top-up payment, the top-up portion is not included in the calculation of the LSL levy.

The situation is the same as what has been calculated in the past (the actual total hours worked and the totals ordinary pay received by the worker, not including the JobKeeper top-up payment).

As of 15/10/2020

NEXT STEPS TO RECOVERY

When can we expect further easing of restrictions?

The Premier has flagged 11.59pm on November 8 for the next easing of restrictions. Further easing of current restrictions beyond this date have not yet been advised.

What restrictions may be eased next?

- **Leaving Home:** no restrictions on reasons to leave home or distance but stay safe
- Funerals: expanding to 50 people outdoors (not including infants under 12 months of age or people required to conduct the funeral)
- **Religion:** expanding to 50 people outdoors and 20 people indoors (maximum of 10 per group) plus a faith leader. This means a maximum of 20 people plus a faith leader in total within the building, with attendees spread out in groups of up to 10 per group. Each group of people must remain at least 10m from any other group of people at all times, with no physical interaction between groups. Total attendance numbers remain subject to density quotient of 4m² per person.
- Hospitality: Increasing to overall venue cap of 40 patrons indoors, and outdoor venue cap of 70 patrons
- **Real Estate:** 10 people maximum for private inspection but no household limits
- Physical recreation: Indoor non-contact, physical recreation (including classes) with venue limits of 20. Contact and non-contact sport allowed. Indoor fitness allowed and fitness classes (up to 10 people in a space and 20 in a venue, subject to density limits).
- **Accommodation:** Open, but with restrictions on group bookings
- **Intrastate travel:** Allowed

As of 29/10/2020



During this time of second wave lockdowns, it is important that we all take care of ourselves and of each other. Sometimes we may need help to do this. Below are just some of the places you can turn to if you, or someone you know, may need some assistance coping with Stage 3 or 4 COVID restrictions:

WELLBEING

Lifeline ph 13 11 14

 Beyond Blue
 ph 1300 22 4636

 Kids Helpline
 ph 1800 55 1800

1800RESPECT ph **1800 737 732** (Domestic & Sexual Violence)

SafeSteps ph **1800 015 188**

(support & planning to escape domestic violence) **LGBTQIA** ph 1800 184 527

(peer driven support)

Alcohol or Drug related issues

ph 1800 888 236

A great workbook to help build resilience during isolation: https://thewellnesssociety.org/free-coronavirus-anxiety-workbook/

YMCA – Virtual Y – online platform with loads of fitness, nutrition, wellbeing, family and youth content. https://virtualy.ymca.org.au

Vic Govt Food and personal care packages for people in mandatory self-isolation, delivered to your door.

ph 1800 675 398

FINANCIAL

Centrelink

Online financial resources for existing customers: www.servicesaustralia.gov.au/individuals/help-emergency

Centrelink Crisis Payments ph 132 850

Uniting Vic Tas

https://www.unitingvictas.org.au/contact-us/

Aust Govt (early release of Superanuation): www.australia.gov.au

