





Chinese Dads' Playgroup



爸爸亲子小组

For dads and kids aged 0-5



(0-5岁爸爸亲子活动)

Time: 10am-12pm Every Second Saturday mornings 时间:每隔周周六上午 10-12 点

Venue Address 地址: Glen Waverley Uniting Church (GWUC) Kingsway (corner Bogong Avenue) Parking in church and council facility

	n Dates 4 2018	Sat 13 Oct	Sat 27 Oct	Sat 10 Nov	Sat 24 Nov	Sat 8 Dec Christmas Party	
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信息资讯交流		育儿经验分享		传统佳节庆祝		移民联络交友	

Learning by doing and learning through experiencing is Chinese Playgroup's

philosophy and its educational outcomes are achieved through child

participation with hands-on activity program.

通过自身实践学习、经历体验获得认知是亲子小组理念。

其教育成果习得昰通过父母引导 1. 童参与实践亲子活动计划实现的。



Don't leave fatherhood to tomorrow 不要把爸爸亲子陪伴留到明天

Please refer to the back page for the detailed information about Chinese Dads' Support Program (PTO) 关于爸爸亲子小组计划的详细信息,请参阅背页

Enrolling is essential for the playgroup due to limited spaces 亲子小组名额有限,必须报名方可参加

Contact 联系人: Joseph Jin (金老师) Program Coordinator P 8873 5408 (直拔) P 9875 4222 (前台) E <u>connections.blackburn.reception@vt.uniting.org</u> Or contact Glen Waverley Uniting Church Office P 9560 3580 E <u>office@gwuc.org.au</u>



Chinese Dads' Support Program

The Chinese Dads' Playgroup is run as a partnership between Uniting (Vic & Tas) and Glen Waverley Uniting Church (GWUC). The program provides a unique and friendly environment for children to learn and grow while building a strong bond with their father. It is aimed at empowering dads by adapting a dads-run playgroup concept throughout the program operation. The practice involves dads' direct involvement in planning and implementing program activities such as art, craft, storytelling, singing, along with other indoor and outdoor activities. The interest-based activities may include both excursion and incursion initiatives. For example, going to Council's Cabena playgroup, animal farms, art gallery, museums; inviting musicians and service professionals to Dads Playgroup. The program activities create quality social interactions among dads and children. Dads' organisational and leadership skills are then nurtured and developed through program participation. The program delivers fortnightly Saturday playgroup sessions during term time and there are no playgroup activities during school holidays.

Social skills, critical thinking and creativity are important qualities for children and these are nurtured at playgroup. Child's shyness and fear of public speaking are common among Asian children; and sometimes adults. At playgroup 'on-stage' storytelling and singing involving children can help build child's confidence in public speaking, thus addressing and mitigating child's shyness in early years. Hands on doing and fixing things in the early years will help children learn the essentials of engineering innovative thinking and problem solving (researched from NASA). The hands-on philosophy of the Chinese Dads' Playgroup is achieved through specifically designed program activities. Dads' Playgroup also features a therapeutic approach of art and music (everything is art - even music is an art form of sound). The program engages children with various art formation activities and with Chinese songs and music. At Dads' Playgroup opportunities are created for children to socialise with other children, to participate in a variety of age appropriate developmental activities, and to experience immersion in bilingual language and culture.

Child's play has its purpose and play should be the child's first real job in growing up.

The program's supportive and stimulating environment creates a solid foundation for children to grow and develop physically, emotionally, intellectually in order to realise their potential.

Apart from Chinese Dads' Playgroup, there is also a more comprehensive program run by Uniting which includes male specific programs and information evenings, linkages to mainstream services, as well as parenting workshops. The program creates opportunities for dads to build social networks, friendship groups, share parenting skills and experiences and reduce life pressures through participating in social activities, thus breaking down 'urban isolation' barriers.

Parenting is a full-time job that is truly the hardest but the most rewarding job in the world. The program assists dads in gaining confidence with their parenting skills in order to raise great kids. The program's ultimate goal is to help Asian migrant families integrate into society and successfully settle in Australia.

此项华人爸爸亲子小组活动项目是合众-关联机构与格林·威务利联合教会共同开展的。爸爸亲子小组 活动旨在强化爸爸亲子关系。孩子通过参加各类亲子趣味益体益智活动,从小培养孩子动手能力,形成独 立思维、开发想象力、创造力,培育孩子自信克服害羞、发展社交技能以及培养孩子双语多语言文化本 领。在早年做手工和修理东西是发展孩子工程性创新思维及解决问题能力的必要前提(美国国家航天局研 究结果)。除了爸爸亲子小组外,合众-关联机构不定期举办男士信息会、连接主流社会服务以及亲子育儿 课程。这些活动提供爸爸交友及建立个人社交联系机会,通过社交活动有助于男士减缓个人内心压力,分 享亲子培育技能与家庭教育经验。

养育子女是一项世上最艰难但最有成就感的全职工作。此计划旨在为华人家庭培养杰出优秀孩子提供 各种学习育儿技巧,交流、分享的机会场所。此项支持计划的终极目标是帮助亚洲移民家庭融入社会、在 澳大利亚安居乐业。



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