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#### Welcome

GWUC is a faithful, Christ-centred community that meets God and shares that unconditional love

1 July	12noon	Club 2018
6 July	6рт	"Songs of Memory and Hope" at Brunswick Town Hall
8 July	12noon	Light Lunch
22 July	2pm	Free Spirit at Burwood Heights UCA
29 July	10am	Combined Service and Congregational Meeting
	2pm	Freedom from Slavery Concert
AUGUST		
5 August	12noon	Club 2018
	2.30pm	Free Spirit at Croydon UCA
15 August	10am-12noon	The Hub Muffin Morning Tea



## **MUFFIN MORNING**

Join us for a variety of homemade muffins, tea and freshly brewed coffee and go home with a recipe or 2 [Recipes will be available for some muffins]



### All donations to research into Parkinson's Disease

Where: THE HUB

Glen Waverley Uniting Church cnr Bogong Avenue & Kingsway, Glen Waverley

Wednesday 15<sup>th</sup> August 2018 When:

10am - 12noon Time:

ALL WELCOME

#### The Christian Church in the World Remember Prisoners and Captives

Thousands of Christians are in prison for their faith, while others are

#### held captive by jihadists. Men and women, who are Pakistani, Chinese, Indonesian, Nigerian, American, Indian, Colombian, European, Central Asian, Australian, Vietnamese, Iranian, Eritrean, Laotian, Burkinabe, North Korean and more. They include human rights lawyers like Gao Zhisheng (China), humble labourers like Asia Bibi (Pakistan) and foreign nationals like Andrew Brunson (an American pastor imprisoned in Turkey), Sister Gloria Narvaez (a Colombian missionary taken captive in Mali), and Dr Ken Elliot (an Australian missionary doctor taken captive in Burkina Faso). Christian prisoners and captives suffer physically, emotionally and spiritually, and are often exhausted and confused. Imagine yourself in their shoes - and pray! 'Remember those who are in prison, as though in prison with them...' (Hebrews 13:3 ESV)

#### US - North Korea Summit Tuesday 12 June

US President Donald Trump and North Korean leader Kim Jong-un are due to meet in Singapore on Tuesday 12 June to take the first of many steps on what we hope will be the road to a brighter future. In North Korea, Kim Jong-un has replaced the state's top three military leaders with younger leaders more amenable to economic development and engagement with the world. However, peace on the Korean Peninsula is about far more than geopolitics; spiritual 'principalities and powers' are committed to its failure. East Asia is not merely one of the globe's most dynamic economic regions, but one of the world's most spiritually dynamic, mission-focused regions. Therefore we pray for the Lord's will to prevail and that peace and religious freedom will be realised on the Korean Peninsula.

From Religious Liberty Prayer Bulletin

#### 1 Corinthians 15:50-58 and 21-28

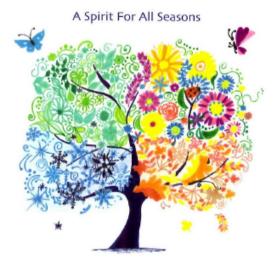
Paul talks about Jesus' resurrection and our own. Until then, we are in a cosmic battle with evil.

Verse 58: "Stand firm and steady, keep busy, always, in your work for the Lord, since you know that nothing you do in the Lord's service is ever useless."

From "Good News, Australia" New Testament

# Enjoy an afternoon with Free Spirit

as they sing contemporary, sacred & secular music, jazz & comedy



## Sunday 9<sup>th</sup> September 2018 2:30pm

### **Glen Waverley Uniting Church**

corner Kingsway & Bogong Avenue, Glen Waverley 3150

Admission \$25.00 / \$20.00 concession includes Afternoon Tea Tickets available from Church Office 03 9560 3580 or Vida 0411 246 254

Proceeds support our Church Programme & Activities

#### An Update from Neil

I happily took hugtopus and heaps of notes and several cards to the hospital. Hugtopus sat on the shelf in my room and was a talking point with some of the staff. I was able to share several times what the congregation did through hugtopus as a means of supporting me. I also made sure I used the 'Rev' title in hospital paper work. This opened up conversations as well. Where are you a minister? What is your congregation like? Do you have many weddings and funerals? Is your congregation culturally diverse? One nurse told me she grew up in Glen Waverley and when she was in Primary School she visited our church by bus for a special children's (Easter) program.

I am continuing to feel stronger as the days go by. My four wounds from the bypass surgery still need to heal fully. Rehab will probably start next week. I will know for sure on Friday afternoon regarding the commencement of the 4 week Cardiac Rehab program at Vic Rehab. I am walking a little further each day (nothing like the 20 km I have appreciated cards and messages from the congregation. I was touched to receive some lovely notes from Leisure Time members. Receiving three meals a week over the first three weeks has helped us greatly get through my stay in hospital and my early days at home. Everyone has been helpful and thoughtful. I am very grateful to the ministry team, office staff and volunteers who are carrying more of the load while I am on this extended period of sick leave. When I am up to larger numbers of people, I intend to worship with you some Sundays as I continue my journey of recovery. I will do my part in getting well. I appreciate your prayers at this time. I will return to work when the surgeon says I am ready to do so.

With thanks - Neil

#### **Free Spirit Music Afternoons**

Free Spirit would like to invite you to an afternoon of music on the following dates:-

- 22 July @ 2pm at Burwood Heights Uniting Church
- 5 August @ 2.30pm at Croydon Uniting Church
- 9 September @ 2.30pm at Glen Waverley Uniting Church

We would love to see you at all three concerts but if that is not possible, we hope to see you on any one of the above dates and venues.

#### **Endowment Fund**

We have an Endowment Fund that holds a number of bequests. The rules of the fund state that "The earnings of the Fund shall only be used for particular ministries and mission projects recommended by Church Council and approved by the Congregation." We currently have earnings of around \$10,000, and Church Council is canvasing for suggestions of appropriate projects. If you have a project that you would like to see funded from this, please talk to a member of Church Council.

For details of the fund, please see:-

http://wiki.gwuc.org.au/gwuc/EndowmentFundRules2018

#### Meeting of the Congregation - Sunday 29 July

There will be a meeting of the congregation on Sunday July 29th at 11:30 following combined worship at 10am. Amongst other things, this meeting will consider the recommendations of the Congregation Outreach Projects Selection Panel for projects for this year. Please note this in your diary now. An agenda will be available soon. Any questions or suggested agenda items can be forwarded to John Snare.

It is planned to hold this meeting over lunch in the hall. Basket lunches will be served - with a surprise for dessert.

We need your help. Will you help by making one loaf of sandwiches? There is a list on the office counter and it would be great if you add your name to this list.

Questions: Talk to Faye Wagon on 8740 3529.

#### **Inclusive Community Report**

**Prayer Support Group:** If you have a prayer request and you don't want it placed in the prayer book, we do have a prayer support group. All requests for prayer are kept confidential and are only passed on to group members. We don't need to know why you are requesting prayer, just a name is fine. If you need more information, contact Heather or Wendy in the office during office hours, or Beverly on 0417 359 779. You might be interested to know that there are fifteen contacts on the Prayer support list.

**Club 2018** will meet as normal today. At 2.30pm there will be a Seniors' Service.

**Light Lunch:** There will be a light lunch on Sunday 8 July. Please join us after the 11am Service for this time of fellowship.

Medical Forms: If you submitted a medical form last year and you want to update your details now, please let me know and I will give you a new form to fill out. If I do not hear from you, I will presume that your details are unchanged.

**Church Anniversary:** We celebrated the Church Anniversary with a combined service and lunch last Sunday. I have heard many positive comments about the service and the lunch. If you were one of the people who helped set up and/or clean up, thank you very much.

On Sunday 29 July there will be a combined service, congregational meeting and a basket lunch in the hall. We are asking people to help with catering. (See the notice elsewhere in this bulletin).

**Our next Inclusive Community Meeting:** we will advertise the date later. If you have suggestions for activities please let us know. Jan Clear



#### Presents

# Freedom from Slavery Concert

### Featuring;

### The Melbourne Singers

Conductor Ian F Lowe

Songs of Freedom programme includes -

Ol' Man River

Exodus

Go Down Moses

Amazing Grace

SUNDAY, 29th JULY, 2018 at 2 pm Glen Waverley Uniting Church.

10-12 Bogong Avenue, GLEN WAVERLEY

(Melways ref. 71 C 3)

Proceeds go to the Ping Pong A Thon Anti-Slavery Project

Tickets: \$25.00 each Includes Afternoon Tea RSVP 13th July

Payments to the Rotary Club of Waverley BSB 633108 A/C 145652004 Ref: Your Full Name

Enquiries – Alan Randle Mobile 0404 817 448 or e-mail: jhrarr@inet.net.au

To assist with catering, could you please add your name to the list on the office counter if you are planning to attend.

#### Save the Date ... Spring 2018 Getaway

Our 2018 Spring Getaway will be to Healesville from 8 to 13 November.

We will be staying at Gateway Lifestyle Holiday Park, 322 Don Road, Healesville.

You can contact the park directly on 5962 4398 if you wish to make a booking direct. For more information please feel free to contact Joanne Boldiston on 0438 413 964.

#### Songs of Memory and Hope - Friday 6 July

Join us for "Songs of Memory and Hope", a special event commemorating the Biak massacre 1998 in West Papua. A CD will be launched to celebrate West Papuan culture and bring awareness for change.

Time: 6 to 7pm for Dinner

7 to 9pm for Ceremony

Music: Black Orchid String Band, East Timor Trio and surprise

guest artist.

Place: Brunswick Town Hall, 233 Sydney Road, Brunswick.

(close to Railway Station)

Some of our friends from St Luke's Uniting Church Mt Waverley will be participating in this event.



Proverbs 4:23

"Above all else, guard your heart, for everything you do flows from it"

During our last meditation session we explored how the mind is a very powerful organ. Every day we make thousands of decisions; some are automatic while others can be life changing. Then we explored another important organ, the heart. I believe the heart is overlooked when it comes to daily life. The heart is the seat of our creativity, emotional and spiritual wellbeing. When you saw someone you loved, did your heart not flutter?

Have you ever used your mind to make a decision, but in your 'heart of hearts' you have felt uncomfortable with the decision you made? Quite often in these circumstances the outcome can be disastrous. We become uncomfortable in the circumstances we find ourselves; anxiety may rise, followed by depression. With the increase of mental illnesses within society, some government bodies are now appointing ministers (such as in the UK) to look at the state of happiness within society.

Our minds have the ability to understand the most intricate scientific and mathematical theories and can make complicated corporate decisions. Yet our mind can get caught up in the 'noise', trivia and nonsense, which makes us upset or even unglued over a seemingly harmless remark. Pushing and pulling us in all directions, the mind can create endless dramas of our insecurities and fears.

Our true heart is not subject to chaos, or limited by pain, fear and neuroses, but is joyful, creative and loving. It is the core, the essence of our being, a reservoir of joy, powerful love and infinite compassion that lies within us. However, there are times when our heart feels broken. When we experience such pain it is good not to allow our mind to dwell upon the pain, to allow our mind to keep going over and over what happened, so that it obscures the joy we should be feeling in our heart.

We are all flawed and imperfect humans. As children of God, we know that God's love and grace are infinite, and God forgives us time and time again when we do wrong. I think the words of the writer of Proverbs are so appropriate in our daily lives, for by safeguarding our hearts, we will then control our mind, rather than our mind controlling us!

Jesus said we should love God with all our heart, and with all our soul, and with all our mind, and with all our strength. So my suggestion is that next time you feel your mind is controlling your feelings and causing your heart pain, take a deep breath in and blow out those tensions. For everything we do flows from our heart.

Susan Karoly Deputy Chair - Church Council

#### Success for Badminton and Table Tennis

Kenny Yang and Binsar Napitupulu are to be congratulated for their success in winning the final of Grade B3 at Dandenong Oasis on Tuesday 26 June 2018.

Some focused practice and keen effort has been greatly rewarded. Andrew Hosking

